



West Kent
Clinical Commissioning Group



Local care in West Kent

How things are changing

We aim to:

- ✓ Prevent ill health by helping people stay well
- ✓ Deliver excellent care, closer to home, by connecting the care from the NHS, social care, community and voluntary organisations
- ✓ Give local people the right support to look after themselves when diagnosed with a condition
- ✓ Intervene earlier before people need to go to hospital.

Local care means better access to care and support in people's own communities rather than in a main hospital.



2



You say you want:



More end of life care and dementia care, and more support for family carers.



More support with healthy lifestyles, especially losing weight and being more active.



Health and social care working together, with more services near or in people's homes.



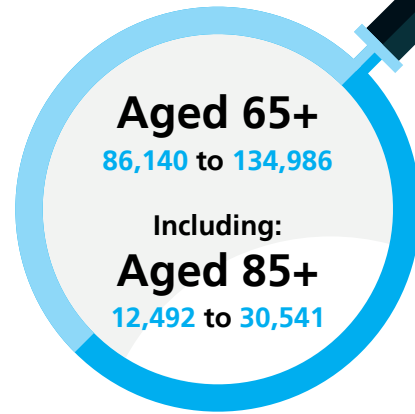
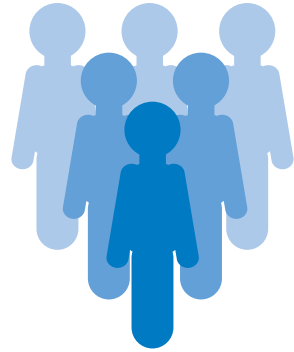
To see the same person regularly, with faster and easier appointments.

3

We expect the population in west Kent to grow by

85,500
(18 per cent)

between 2015 and 2035, with high increases in the number of people who are 65 and over.



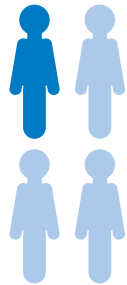
Registered patient population
491,000 (1 January 2018).



Life expectancy is **11.9 years less** for people living in the poorest areas than for those living in the most affluent areas.



There are an estimated **14,300** people who are classed as 'high risk' and have multiple long term conditions and are frail.



One in four people will have a mental health problem at some point in their lives.



In 2017/18 A&E attendances **increased by 3,443** (2.4 per cent) at Maidstone and Tunbridge Wells Hospitals.



National increase of **more than 15 per cent** in number of GP consultations.

Family doctors are key to patient care. We are ensuring strong and resilient general practice is at the heart of local care and are supporting practices to:

- work differently through better use of technology
- co-operate, collaborate and combine
- improve access to GP services between 8am and 8pm Monday to Friday and weekends as needed.

We are ensuring a health and care team for each of our seven cluster areas, including GPs, nurses, therapists, mental health workers, social care and pharmacists. These teams will focus on doing everything possible to keep people with more complex needs well, supporting them at home and after a hospital stay.





We want to help people with complex needs like Dorothy by:



Helping Dorothy to look after herself.



Organising her care better.



Helping her live safely at home.



Responding rapidly to her at home when she becomes unwell and needs support.



Making sure Dorothy can get home from hospital quickly and safely.



Joining-up the team looking after her.



Giving Dorothy, her GP and the people looking after her better access to expert advice and faster access to her test results in the community.



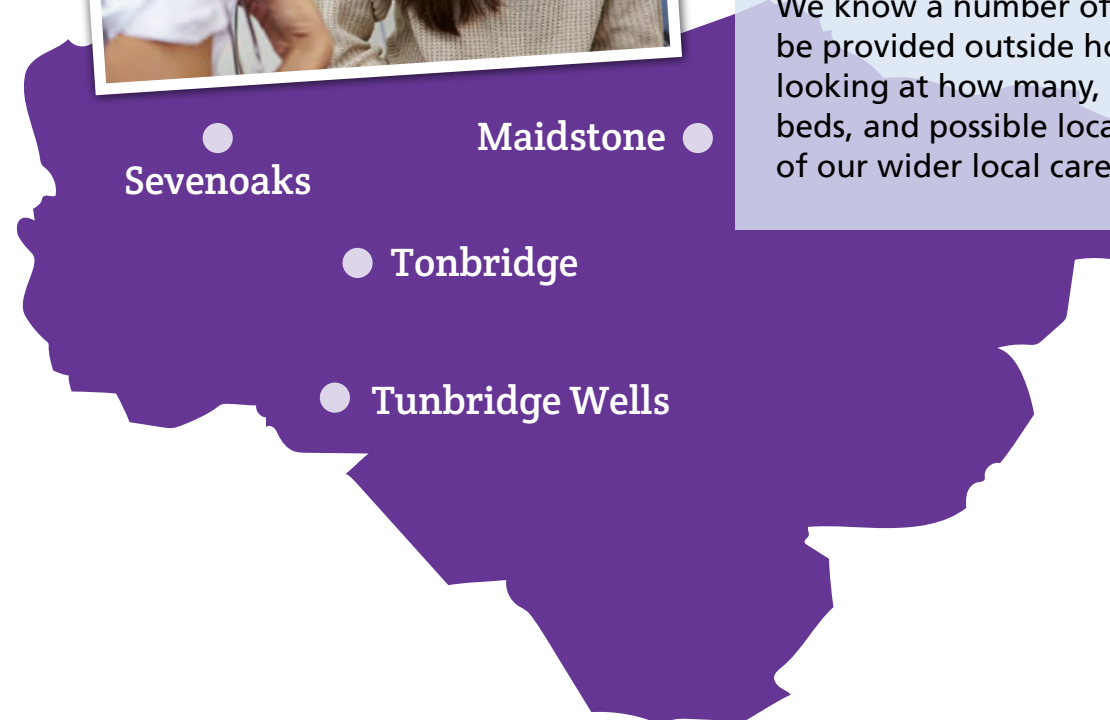
Having one number for her to call for help, advice or support.

Local care hubs and beds in the community



Some services need to be for a bigger area, and to be based together, in a hub. We are looking at which services these are, where they could be based, and how we can join up with other public sector or voluntary services to give people a wide range of support.

We know a number of beds need to be provided outside hospital. We are looking at how many, what sort of beds, and possible locations, as part of our wider local care model.



We are:



Considering the needs of our population, its projected growth and what workforce is needed to deliver services, alongside what is safe, cost effective and sustainable.



Working very closely with our partners in the NHS, local government, and the voluntary sector



Looking to involve you, and hoping to hear your views. We will be coming out to talk to community groups between April and July 2018, and will be running roadshows in public places and at events. We will wrap this up with three big events for people to hear about the options and have their say.

If you'd like to be involved with this work, please email nelcsu.engagement@nhs.net or phone **03000 424348**. You can find out more at our website www.westkentccg.nhs.uk Or to receive regular updates and get involved in shaping local healthcare services join our Health Network by contacting the email and phone number above.